

TODAY'S ACTIVITIES & PROMOTIONS

7:00am	Total Body Conditioning	Fitness Center, 9
7:30am	Stretch & Release	Fitness Center, 9
8:00am	Rotterdam Arrives in Invergordon	
8:00am	Invergordon Photo Opportunity until 11:00am PROMOTION	Pier Ashore
8:00am	Ask Your Travel Guide, Loes & Tjalling LOCAL	Pier Ashore
8:00am	Tai Chi for Everyone	Lido Poolside, 9
8:00am	Tour de Cycle \$20	Fitness Center, 9
8:30am	Origami Folding: Butterfly	Game Room, 12
9:00am	Lightning Trivia	Crow's Nest, 12
9:00am	Basketball Knockout	Sport Court, 11
9:30am	Modern Calligraphy	Game Room, 12
10:00am	Party Bridge Play until 2:00pm	Dining Room, 3
10:00am	Mahjong Players Meet until 2:00pm	Dining Room, 3
10:00am	Soccer Goal Scoring Competition	Sport Court, 11
10:30am	Knitting Basics: Casting On	Game Room, 12
1:00pm	Today's Trivia: Flags	Billboard Onboard, 2
1:00pm	Healthy Hair Consultations PROMOTION	Greenhouse Spa, 9
2:00pm	Relieving Back Pain PROMOTION	Greenhouse Spa, 9
2:00pm	Let's Play Cornhole	Cornhole Court, 11
2:30pm	Creating Doodle Designs	Game Room, 12
3:00pm	Knitter's Meetup	Crow's Nest, 12
3:00pm	Shuffleboard Challenge	Shuffleboard Court, 10
3:30pm	Coloring for Adults	Game Room, 12
4:00pm	Pure Form Pilates \$20	Fitness Center, 9
4:00pm	Team Trivia Challenge	Billboard Onboard, 2
4:00pm	Sjoelen Tournament	Lido Poolside, 9
4:00pm	A Pickup Game of Pickleball	Sports Court, 11
4:00pm	Ask Your Travel Guide, Loes & Tjalling LOCAL	Crow's Nest, 12
4:00pm	Friends of Bill W. Meet	Stuyvesant Room, 1
4:30pm	Origami Folding: Butterfly	Game Room, 12